

CURRICULUM FOR EXCELLENCE



Interdisciplinary Learning: Health and Well Being “Healthy Me”

Home Economics, Personal and Social Education, Science and Physical Education and Maths are collaborating on a joint co-planned, co-delivered project for S1.

Over 6 weeks (from January) pupils work through Health and Well-being topics in all five subject areas. These are delivered on timetable. A positive feature is our partnership working with community members.

Pupils will learn about diet, exercise, body systems, food testing, lifestyle and feeling good about themselves.

Pupils will give feedback throughout, and more formally at the end of the six week block.

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