

# **STROMNESS ACADEMY**

## **Physical Education Homework Policy**

### **Rationale**

It is generally recognised that homework can make an important contribution to the learning process and contributes to the development of sound study habits. Although Physical Education is fundamentally a very practical subject, homework tasks are given to:

- Encourage students to research sporting activities in the local and wider community.
- Explore opportunities that are available to participate in sporting activities out with school.
- Allow pupils to use materials and other sources of information that are not always available in the PE Department.
- Encourage pupils to develop the practice of working on their own without the constant presence of the teacher or other pupils.
- Encourage pupils to develop their investigative skills and increase their knowledge and understanding.
- Allows students to become familiar with the types of questions they will come across in exams.

To reinforce the value of homework, staff will:

- Encourage pupils to write homework tasks in their student planner.
- Give pupils paper copies of homework tasks.
- Wherever possible ensure that there is a digital copy of all homework tasks on *Glow*.
- Mark all homework promptly and go over the answers with the class or individuals as necessary.
- For some homework tasks, display final pieces of work on the notice-boards within the PE Department.
- Keep a record of all homework issued and of any which are returned late. This will be shared with parents at Parents' Evenings.
- Alert Guidance Staff/SMT if any pupil persistently fails to return homework on time.
- Ensure that homework tasks are put on *Glow* for all Standard Grade and Higher students if there is any disruption to the school day due to weather conditions.

### **Homework Tasks**

#### **S1/S2/S3**

All pupils will be given homework tasks in PE. This may involve doing some research or doing tasks which will help them to consolidate the work that they have been doing in class. Pupils will be given a choice of methods with which to complete this work. For example they could produce a poster, an investigation, a talk or discuss the information that they have found out with their peers in small groups or as a class. Pupils will be given at least one week to complete homework tasks.

Pupils in S1 and S2 will be asked to complete log books about their performance in physical activities in and out with school; at times this work will be given as homework tasks. S3 pupils who are doing elective physical education will be given additional homework which will support the work that they are doing in class and help to prepare them for writing portfolios in S4, if they choose to do this subject at a National level.

#### **S4**

Homework for National 4/5 pupils will mainly focus on completing unit assessments and preparatory work for writing up a portfolio. All pupils have been issued with a school produced course workbook for revision purposes and for use when answering unit assessment questions. Pupils will be given at least one week to complete homework tasks and are encouraged to seek extra support from staff if required.

#### **S5/S6**

Homework for Higher/Intermediate 2 pupils will be given to help students to consolidate work covered in class, which in turn will help them to prepare for final exams and internally assessed NAB's. Pupils will be encouraged to develop their knowledge and understanding through background reading, past exam essay questions (in part or full) will be issued as homework tasks and pupils will be expected to analyse data on personal performance, develop training programmes and keep training diaries out with class time. All pupils have been given a Leckie & Leckie *Higher/Intermediate 2 Physical Education* text book to work from, plus a Stromness Academy course book for each area of analysis. These should be used for revision purposes and when answering exam questions. Pupils are also encouraged to access the BBC Higher Grade Physical Education *Bitesize* website as an additional revision tool. Pupils will be given at least one week to complete homework tasks and are encouraged to seek extra support from staff if required.